

aarvam



CHILDREN SCRIPTING OWN SUCCESS

from **BSAC**

2020-21

ANNUAL REPORT

AARVAM

- BETTER PEOPLE BETTER COMMUNITY

ABOUT BSAC

Bro. Siga Animation Centre (BSAC) is a NGO in Chennai working towards the empowerment of slum dwellers and the rural poor in Vyasarpadi, an area in North Chennai, which is primarily inhabited by people belonging to the lower economic strata of society. The NGO founded in the year 1984 by a group of highly motivated young men's who wished to elevate the living conditions of the youth and children in Vyasarpadi. Their inspiration and role model in this endeavor was Bro Sigamani, a Silesian priest, after whom the NGO has been named. The main focus of the projects run by BSAC are Integrated Child and Youth Development. BSAC believes in focused empowerment of the people of Vyasarpadi, and hence assists them in the creation of a self-sustaining environment, which will enable their community to flourish.

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VISION

"BSAC is a NGO working toward the empowerment of slum and rural poor. We mainly work with children and their communities. We do this by:
Providing access to quality (value) education and vocational training
Raising awareness on child rights, gender equality, health and education
providing guidance toward economic development"

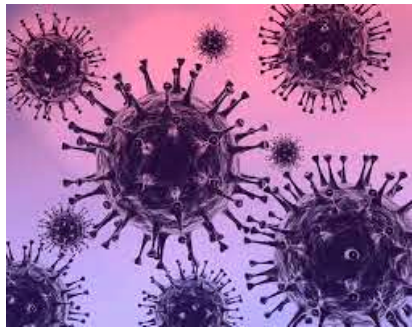
MISSION

"BSAC is committed to gather the community people for their self development. Providing suitable opportunities and making them participate in all activities to bring (build) an empowered society"



AREAS OF ACTION

FOCUS: QUALITY EDUCATION- CHILD RIGHTS- SKILL BUILDING – SAFETY AND PROTECTION



COVID-19

Relieving the ones most affected by the Pandemic



EDUCATION

Ensure every child gets quality Education



SKILL BUILDING

Developing various life skills amongst community members to ensure a quality life



SAFETY AND PROTECTION

Addressing social issues and spreading awareness on health, child rights, reading, etc.



PROJECTS AT A GLANCE

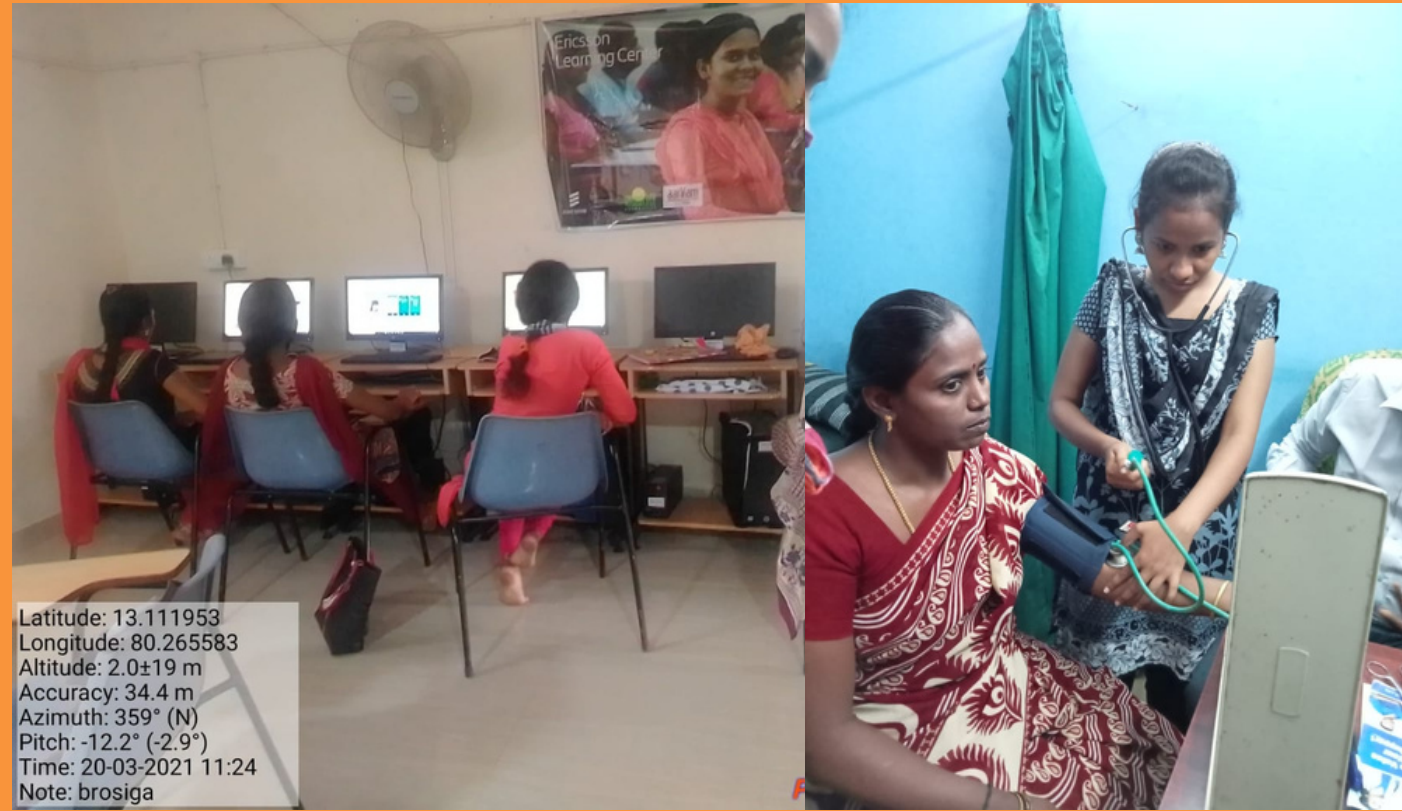


ADOLESCENT LIFE SKILL PSYCHOLOGICAL AND EMPOWERMENT PROJECT (ALPEP)

Adolescent life skill psychology and empowerment project aims at protecting adolescent from anti-social activities and gives them awareness on moral issues. Adolescent from government schools and community children are benefited through this project. As part of this project workshops are scheduled once in three months on topics like self-confidence, suicide prevention, early marriage, positive thinking, goal setting, relationship management with family and friends are thought to the children every week. To execute this effectively various methodologies like role play group discussion, interactive games, lectures and case history are carried out.

SMILE TWIN E-LEARNING PROGRAMME (STEP) GENERAL DUTY ASSISTANT TRAINING (GDA)

Smile Twin e-Learning Programme (STeP) evolved as a logical linkage to Mission Education, based on the need to provide employability skills to high school pass-outs and urban underprivileged youth to enhance their prospects of employment in the health care sector as a General Duty Assistant.



SUPPLEMENTARY EDUCATION CENTRE (SEC)

The Supplementary Education, Community-based after-school learning programs with Child friendly environments to provide opportunities for every child to attain quality education in slums and rural areas. The aim is to provide quality education with valuable insights ensuring every child achieves basic competency in math and science. Through strategies that provide learning outcomes through individual attention to children, fun activities and local participation and accountability.



TAILORING

BSAC provides vocational training in cutting and tailoring to help women start-up a business of their own and become financially independent. Through BSAC training center our NGO intends to make women confident and self-sufficient. Women can have a brighter future by opting for this profession, there is a benefit that women can continue their work from home so that they can also manage their role as a home maker. BSAC provides cutting and tailoring course where women can learn the art of designing cloths and stitching depending upon their interests. They can learn basic stitching or go for advanced course. We offer free tailoring course to adolescent girls in Vyasarpadi.



COVID-19 RELIEF SUPPORT

1. Covid-19 Relief work

In the midst of the on-going pandemic, social distancing is a luxury that India's informal workforce of 450 million cannot afford. With the government lockdown order and inadequate state provisions for food distribution, several families were sleeping hungry in their homes, stranded at railway stations or state borders.

All the people in the country are going through a rough patch of time. They were forced to stay at their homes due to the lockdown levied by the government. Their living has become difficult, as there is no income in the family. The daily essentials such as vegetables, pulses, etc.. are finishing every day. People are worried as to how will they be able to run their homes. Another insecurity of people is that of losing their jobs too. The lives of common people have been affected a lot.



In such a time of crisis, distributing ration kits to them is like providing water to the thirsty. To support our community, dry ration kits were distributed to the needy people in and around Vyasarpadi. Around 450+ dry ration kits worth Rs. 1800 were distributed to our beneficiaries and needy people like

- Single women
- Transgender
- Differently abled and
- Beneficiaries of aarvam

This distribution of ration kits was really beneficial to them as they could run their livelihood for some period of time.



MASK PRODUCTION BY AARVAM TAILORING UNIT

Along with these DRY RATION KIT contributions, we have also started the production of masks, which are the need of the hour in times like this. This has also generated employment opportunities among women there. This in turn leads in earning income for the family. By this, they not only earn income and support the family but also they get to learn a new skill too. This skill is a great business opportunity in the day to come as the whole world need to fight this virus. This leads to economic growth and boosts the economy in a way too.

15,000+ Masks were stitched by the community women with the help of aarvam tailoring unit.





WORKSHOPS

CAMPS

TRAININGS

GENERAL DUTY ASSISTANT TRAINING

— GDA

Aarvam from BSAC has trained 114 students from the month October-2020 to april-2021 on the course General Duty Assistant training. As of now more than 55 students have been placed in nursing home, home care scenarios and hospital as nursing aid with the salary of 12000 to 14000 per month.

It is a 3 month class room training with assured placements, during the course students will be given training on communication, basic nursing training , career counseling, employee engagement program and internship training at various hospitals and clinic.



TRAINING FOR SUPPLEMENTARY EDUCATION CHILDREN

BSAC ensure that more than 180 children from 9 centers (3rd to 12th std) from the community around vyasarpadi has been benefited through this program supplementary education centre. In this program children are trained on mental math, fraction, algebra, science, Tamil and English. Due to the pandemic situation the children are been trained online and offline class happened for micro level children with covid-19 precautionary protocol.



LIFE SKILL TRAINING FOR CHILDREN

- Monthly once life skill training was conducted for adolescent boys and girls from the age group of 12-15 and 16-19. Children's were divided into 4 groups and each group consist of 20 children.
- During the session children were engaged in different activities to make them an active participant.
- During the session children were involved in role play, one to one discussion and games were conducted to make the children participate.
- The main aim of these workshops is to enhance the life skills for children like Knowing each other, Creative Thinking, Problem Solving, Empathy, Self Awareness through various activities in which children actively participate.



CAPACITY BUILDING TRAINING FOR STAFF



Two Days training was organized for the teachers of aarvam on understanding of different life skills and their importance for students and the difference between life skills, livelihood skills, and vocational skills.

Learning outcomes (knowledge and information) from the workshop

- 'Meaning, need and importance of life skill for students
- 'Core life skill as identified by WHO
- Technique required to enhance life skills in students

CRAFT WORKSHOP

Art and craft provide a unique, fun opportunity to learn and improve skills in the children. So, aarvam from BSAC encourages the children learn art and craft activities for their physical, social and cognitive development.

Art and craft workshop was conducted to children from the age group of 9 to 15 years 40 children had participated in the workshop. This workshop was conducted to improve and develop motor skills, creativity, self-esteem and etc.



CAREER COUNSELING

Career counseling workshop was conducted for the students of 12th at CHSS Kalyanapuram Hr. Sec school, totally 80 children participated in the workshop. During the workshop, students were provided with the information and knowledge of identifying the career goals, set the education milestone and derive the pathway to achieve it. The purpose of the workshop is to help the students understand career development as a whole which will help them to grow and prosper in their lives.



SCIENCE EXHIBITION



Science exhibition was organized for the children of aarvam on 19 March 2021 from 11am to 5pm at CHSS Kalyanapuram Hr. Sec .School Vyasarpadi. The exhibition was organized to provide a platform for the underprivileged children to exhibit their innovative ideas. 50 children had presented their innovative project experiments.

Miss.D.Themozhichelvi , District treasurer, Tamil Nadu Science Forum and Dr.I.Malaichelvi, State Vice President, Tamil Nadu Science forum visited the projects experiments and appreciated the innovation of the children.

RESIDENTIAL CAMP FOR ADOLESCENT PEER GROUP LEADERSHIP AND CULTURAL TRAINING

Aarvam peer group leaders were taken for 3 days residential camp for leadership skill training along with cultural training at Camp Tonakala on 5th, 6th and 7th of November. Children had a different experience staying at a campsite and enjoying the fire camp with cultural program at night. During 3 days camp children were trained on various topics such as:

- Leadership qualities
- Team Building and communication
- Motivational and engagement
- Leading with vision and purpose
- Listening skills and empathy
- Parai
- Street theater
- Puppetry
- Miming
- Sataikuchi



FROM THE CAMP...



MEDICAL CAMP



A one day medical camp was organized by aarvam in collaboration with equites bank and rotary club on 21 November 2020 at CHSS Kalyanapuram School, Vyasarpadi. More than 300 + underprivileged people benefited through this camp.



SPREADING AWARENESS



CANCER AWARENESS

Dr. Ambedkar Gov. Arts College (Department of social work) in collaboration with aarvam from BSAC had organized Cancer awareness event at aarvam office on 20-02-2021.

Dr. Arulmozhi MD., PHD, Prof. of preventive medicine from Madras Medical college, Chennai was the guest of honor for the event. This event was organized to raise awareness, to break the stigma and fear attached, and to help people to recognize the early signs and symptoms of cancer. Thus enabling them to seek treatment at an early stage and also to educate and inform the community women on mammogram, clinical breast exam, breast self-exam, and Pap smear test to check the signs of cervical cancer.



COVID AWARENESS MIME



Aarvam children group (12 to 15) years children created a covid-19 awareness mime video which is also posted in the organization facebook page. The mime incorporated the covid-19 protocols, dos, and don'ts.

Villu paatu was performed by the children to create awareness to the general public about the nutritional food on National nutritional week (Sep 1 to Sep 7). The villu paatu incorporate the benefit of natural food and the side effects of the junk food.

NATIONAL NUTRITIONAL WEEK

HAND WASHING DAY



Many germs that can make people sick are spread when we do not wash our hands with soap and clean, running water. That is why hand washing is so important, especially during key Times such as after using the bathroom, when preparing food, before eating, and after Coughing, sneezing, or blowing your nose. A Four- step hand- wash activity was conducted in the form of dance on hand washing day to understand the importance of this practice and few health tips was also provided as part of the program.

CHILD TRAFFICKING



Children are often trafficked for commercial sexual exploitations or for labor, such as domestic servitude, factory work, and they are forced to fight in conflict. So, a awareness workshop was conducted for the children of the age group 12 to 18 years on , during the workshop children were involved in group discussion, one to one interaction, case study discussion, lecture and etc. were conducted to the children to give them a clear understanding and also to make them participate in the session.

EVENTS AND CELEBRATIONS

INDEPENDENCE DAY

Independence day was celebrated in aarvam office with limited number of students due to covid-19. Flags, chocolates and masks were distributed to the children. A short film was filmed for the children for entertainment



WORLD HEART DAY

Independence day was celebrated in aarvam office with limited number of students due to covid-19. Flags, chocolates and masks were distributed to the children. A short film was filmed for the children for entertainment



INTERNATIONAL GIRL CHILD DAY

Every child born in the world is a beautiful creation of god despite of their gender. Be it a boy or girl, every child should be treated equally. But women were restricted to do a lot of things earlier so to emphasize the power of girl child every year October 11, has been observed as girl child day. This day was celebrated at aarvam BSAC to create awareness about gender inequality, nutrition and legal rights.

Discussion were held to warn girls about discrimination, violence and forced child marriage. All this has helped sensitize the community on the rights of the girls, their care and education.



WORLD CHILDREN'S DAY

Aarvam children's group celebrated World Children's Day on 20th November 2020. Along with the celebration a 2 days awareness was given in vyasarpadi area on rights of children. A carefully curated Mime, Puppet, Parai and Oyil aatam was performed by children, which highlighted the 4 main rights of children.
Right to Survival, Right to Development, Right to Protection, Right to Participation
The program was live streamed on our organization facebook page.



PONGAL

Samathuva pongal along with vasipu pongal was celebrated at aarvam office on 13-01-2021. Games and various competitions were conducted to the children and women's of vyasarpadi community. During the day of event winners of the competition were given prize. Samathuva pongal was celebrated to treat everyone equally without any discrimination and vasipu pongal was celebrated to enhance reading habit among children and community people.



REPUBLIC DAY

Republic day was celebrated on 26-01-2021 at aarvam office, various competitions were conducted to the children such as essay writing, speech competition and many more. The participant and winners were awarded with prize during the program.



INTERNATIONAL WOMEN'S DAY



International women's day was celebrated at aarvam from BSAC office on 08-03-2021. The purpose of celebration was to raise awareness of gender equality for a healthy society. Games and competitions were conducted to the women's and many women's shared their experience and achievements during the event.

BENEFICIARY IMPACT STORY

Name: Dillip. E

Hailing from a marginalized family, education was always a barrier to Dillip. Initially he was struggling hard to even pass class five. The eyes had the passion to study. However the means to study was blurred to the kid. After keeping him with us and bridging his education gap he is now able to do well in school and in personal life. He has been an active beneficiary in the supplementary education training project. He gained effective knowledge through AHAGURU phone Share it and materials provided through the app. His hard work and thirst to acquire knowledge made him to reach level 6 in Math and level 5 in English. This was one of the biggest achievements of Dillip. His family was also counseled regularly to promote his mental and physical health, which is important for active improvement of the child.

Name: S. Priya

Priya is a supplementary tutor. Like many other educators during the COVID-19 Pandemic she struggled in both her work and personal life. But nothing stopped her from teaching her kids. She equipped herself with the virtual situation. She first made sure, she was well versed with the AHAGURU Phone share it app and materials provided by them. Soon she started classes online. But when she figured out her beneficiaries couldn't have access online, she went a step forward ask those kids to come to her home and gave them special care and access. Priya highly believes in individualization real-time data on how well each of her student is progressing- Scholastically and emotionally- so she adapt herself accordingly to support for each child to move ahead.

Name - Ragini

22 year old Ragini recently shifted to Vyasarpadi, Chennai with her step father's family after her mother fell sick. She was very eager to learn and wanted to be the bread winner of her family, where she could support her mother and younger brother. She found herself to be weak in communication and wanted to improve the same. Ragini's eagerness to learn and acquire the specific skill set to find her first job came into action during mobilization of STeP program.

Ragini came to know about the Smile's STeP training course through the aarvam mobilization team. She got herself enrolled then and there in order to get a perfect job for her that can fulfill basic living needs for her family and become economically sound and healthy. Besides this another motive to get herself registered for the STeP was to inculcate the right set of knowledge that can fetch her the job to make her a financially independent person. She was extremely impressed with the way skills were being taught by the coordinators and faculties at Bro. Siga Animation Centre. She could feel the dynamic change in her personality which made her a confident and an enthusiastic person than before. She got her skills developed in a right way with proper mentoring and guidance session provided by the Smile Foundation at Bro. Siga Animation Centre. Her coordinators as well as mentors recognize her as an active, bright and a confident girl who holds great ambitions in her eyes.

Job through STeP:

STeP training course by Smile Foundation at Bro. Siga Animation Centre has proven to be a knowledge driven and an insightful course that has not only helped her in acquiring right set of skill set but also helped her bag a professional job in the Healthcare sector. In addition to getting her placed foundation also helped her to do internship at Dr. Mohan's Diabetic Centre, Gopalapuram for 2 days where she could get a real time experience of working in a healthcare centre. She got her first professional job through STeP training course in Ayusya Home Health Care (Post- HHA) (Shift- Day/Night).She found her job to be safe which she cherishes the most. Juggling between family and her studies she joined GDA course by SMILE Foundation at Bro. Siga Animation Centre. Her family is immensely grateful to the Smile Foundation and Bro.Siga Animation Centre for helping her getting placed and training her with the right set of knowledge.



Name: Jothi Priya

Jothi Priya, a ten year old student is a living proof of the fact that even extremely young children can be positively influenced by the actions of their peer group. Young Jothi Priya, brimming with the desire to escape from the mundane life she was leading, finally took it upon herself to visit our centre and personally meet with the teacher in order to explore the possibility of being part of the Supplementary teaching program; the determined young girl did not involve her family in this process. Having independently decided on what she wanted to do, Jothi Priya then gradually worked on her mother, finally convincing her mother of the importance of education in the lives of young girls.

AARVAM very soon became an integral part of her life and of that of her entire family. The family now takes a lot of interest in her academic progress. The little girl has completed level 5 in English, 7 levels in Basic operations and 6 levels in Fractions. She has been a young techie in the center because she is well versed in using all online medium portals (AHA GURU Phone Share it and materials) to educate herself. Much to her mother's amazement the diligent Jothi Priya recently declared that she would like to become a teacher one day in order to enable many more girls to gain from the benefits of education. She may very well be a valuable teacher one day!

OUR PARTNERS



Wheels India Limited is a company promoted by the TVS Group, India's largest auto component manufacturers production of wheels for commercial vehicles.



Chennai Smiles is a non-profit organization, registered in Sweden, with an aim to promote education among underprivileged children in South India.



Smile Foundation, an NGO for poor child education, is an NGO in India directly benefitting over 15,00,000 children and their families every year

Be The Change!

WE'D LOVE TO HEAR FROM YOU.

CONTACT US

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DONATE

The simplest and easiest way to donate! Just click on the donate button on our website "www.aarvam.org". Log on directly to donate.

Cheques/Demand Drafts/Deposits: You can send these to us either directly or contact us for a pickup.

We also accept donations through Wire Transfer/NEFT/RTGS/ECS.

VOLUNTEER

Bro.Siga Animation Centre offers a diverse range of volunteering opportunities that would not only help you contribute to the cost but also enable a transformation journey for you!

INTERNSHIP

If you want to gain invaluable professional skills, you can become aarvam intern and get a chance to work with different communities.
